



American Freestyle Karate

S.T.O.R.M. Teaching Evaluation

Name _____

Date _____

Class Reviewed _____

Number of Students _____

Student/Instructor Ratio _____

Pre Class (16 Teaching Tools – Creed, 1st impressions, Be Friendly on Purpose)

Time Availability _____

Appearance _____

Greetings _____

Identification of Students Needing Special Attention _____

Professional Attitude _____

Leadership Team Conference _____

Warm Up (16 Teaching Tools – Focus Anchors, Positive Pre-framing)

Total Time _____

Announcements _____

WOW Delivery _____



Attendance Tracking _____

Appropriate Warm-Ups _____

Stretching _____

Progression of Intensity _____

Rank Specific _____

Class Content (16 Teaching Tools – 3x’s Rule, Public Praise Private Reprimand, Demonstrate, Detail, Drill, Praise Correct Praise, Disguising Repetition, 0 Down Time, Working with Challenging Students, Safety First)

Time on Curriculum _____

Relevancy to all Ranks _____

Clarity of Explanations _____

Clarity of Demos _____

Sparring/Drill Match Ups _____

Safety _____

Personal Attention _____

Post Class (16 Teaching Tools – Mat Chat Masterpiece, Smiling Sweating Learning)

Peak of Enthusiasm _____

Feedback to Students Needing Special Attention _____

Availability for Questions _____

Leadership Team Conference _____



Communication with Parents _____

Presentation Skills (16 Teaching Tools – Communication Skills)

Projection _____

Inflection _____

Pacing of
Delivery _____

Enunciation _____

Use of Meaningless Words _____

Movement _____

Conciseness _____

Smiling/Gestures _____

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**Instructional Skills (16 Teaching Tools – Demonstrate Detail Drill, 0
Down Time, Disguising Repetition)**

Pacing of
Class _____

Use of Leadership Team _____

Time Management _____

Adherence to Lesson
Plan _____

Technical
Skills _____

Organization _____



Motivational Qualities (16 Teaching Tools – Authority vs. Influence, 3 x’s Rule, Sweating Smiling Learning)

Energy Level _____

Enthusiasm _____

Eye Contact _____

Positive Feedback _____

Attendance _____

Summary

Suggested Follow-Up

Reviewed By: _____

Employee: _____