



MALTA

Martial Arts Leadership Training Association

New Student Orientation Outline

1. We do more than punching and kicking
 - a. Words of the belt
 - b. Student Creed
 - c. Black Boards
 - d. Mat chats
 - e. Philosophy emails – Let us know if you are not getting them.
 - f. Chore Sheet
 - g. Getting ready for the next graduation
2. Engagement
 - a. Newsletter
 - b. Facebook
 - c. Event schedule for Fridays:
 - i. 1st & 3rd is Sparring Class
 - ii. 2nd and 4th are Express Pass
 - d. Parents' Night Out Passes
3. Cool Stuff We Do
 - a. Special Events
 - i. Buddy Week
 - ii. Birthday Parties
 - iii. Charitable Events
 - iv. School Talks, Bullying Workshops and Self-Defense Classes
 - b. Best advertisement is word of mouth – we have gift certificates for friends
4. Class Structure
 - a. “One of the most important things in the Beginner Class about class structure.”
 - b. Get your card – first time/second time box
 - c. Let's practice lining up – we line up by height
 - d. Tying the belt
 - e. First three belts are all about structure – the Intermediate class goes fast!
 - f. Mention DVDs
5. Uniforms – take off your belt outside the school, wear your full uniform for graduation, t-shirts are okay for regular class.
6. Black Belt Program “the people wearing the blue, black and white uniforms”
 - a. Stays for the whole class, grabs w/ partners, sparring, kata etc
 - b. Six Tasks
 - c. “We know that it's really the parent that commits the child to earning their Black Belt – there's no child that earned their black belt without the parents' support.”
7. Someone in Black Belt Program can... STORM
 - a. Blue – attitudes, Red – business, Black – instructors (mention pathway)



MALTA

Martial Arts Leadership Training Association

8. Family classes: there's no reason for you not to be on the mat with your child!
 - a. Please take advantage of the chore sheet so they can reinforce what they learn