Citizenship Awards Program

Train your child in the way they should go and when they are old,
they will not depart from it. *Proverbs 22:6*

Name_____Age_____

Belt Rank_____Grade_____

Month_____Year _____

I intend to develop myself in a positive manner and avoid anything that would reduce my mental growth or my physical health.
I intend to develop self-discipline in order to bring out the best in myself and others.
I intend to use what I learn in class, constructively and defensively, to help myself and my fellow man and to never be abusive or offensive.

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31
Clean My Room: Responsibility																															
1. Make my bed																															
2. Hang up my clothes																															
3. Put away all personal belongings																															
4																															
5																															
Excellent Self Care: Self Esteem																															
1. Brush my teeth.																															
2. Take my bath-- hang my towel																															
3. Put away dirty clothes in laundry																															
4																															
5																															
Study/Practice: Character																															
1. Complete homework																															
2. Get "A" on a test																															
3. Basic exercise--stretching, running, etc.																															
4. Practice Basics and Forms																															
5																															
Wonderful Family: Respect & Love																															
1. Clean up after snacks and meals																															
2. Take out the trash																															
3. Listen to and respect parents																															
4. Share and cooperate with siblings																															
5																															